

Prod. No.
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NATURE'S
BOUNTY®

VITAMIN ABC Plus™

MULTI-VITAMIN
AND
MULTI-MINERAL FORMULA

Dietary Supplement

COMPARE AND SAVE

250 TABLETS

NOW WITH
LUTEIN
SUPPORTS
HEALTHY
EYES**

Supplement Facts

Serving Size 1 tablet

Amount Per Serving %Daily Value

Vitamin A (as Retinyl Acetate and Beta Carotene) (20% as Beta Carotene)	5,000 I.U.	100%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Cholecalciferol)	400 I.U.	100%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 I.U.	100%
Vitamin K (as Phytonadione)	25 mcg	31%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%

Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin (as d-Biotin)	30 mcg	10%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%
Calcium (as Dicalcium Phosphate and Calcium Carbonate)	162 mg	16%
Iron (as Ferrous Fumarate)	18 mg	100%
Phosphorus (as Dicalcium Phosphate)	109 mg	11%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	20 mcg	29%
Copper (as Cupric Oxide)	2 mg	100%

Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Boron (as Sodium Borate)	150 mcg	*
Nickel (as Nickel Sulfate)	5 mcg	*
Tin (as Stannous Chloride)	10 mcg	*
Silicon (as Silicon Dioxide)	2 mg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*
Lutein	250 mcg	*

*Daily Value not established.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

Pregnant or lactating women should consult a doctor before using any product. **Diabetics/Hypoglycemics:** Use only under a doctor's supervision because this product contains chromium which may enhance insulin sensitivity and may affect your blood glucose levels.

TAMPER RESISTANT: DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN. Store in a cool, dry place.

Visit us on the Web www.NaturesBounty.com

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Vegetable Stearic Acid, Mannitol, Vegetable Magnesium Stearate, Cellulose Coating, Starch, FD&C Yellow No. 6 Lake, Titanium Dioxide Color.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Carefully Manufactured by
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