

Prod. No.
300



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NATURE'S BOUNTY

ULTRA SOYA LECITHIN 1200 mg (19 gr)

DIETARY
SUPPLEMENT

100 SOFTGELS



Lecithin is an important natural source of Choline, Inositol, and Linoleic acid. Choline and Inositol are vital components of all cell membranes, and play important roles in cell growth and function. ***

DIRECTIONS: For adults, take one (1) softgel daily, preferably with a meal.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 softgel

Amount Per Serving		%Daily Value
Calories	10	
Calories from Fat	10	
Calories from Saturated Fat	5	
Total Fat	1 g	2%*
Saturated Fat	0.5 g	3%*
Soy Lecithin	1,200 mg	**
(which contains 732 mg Phosphatides)		
typically contains:		
Phosphatidylcholine	180 mg	**
Phosphatidylinositol	108 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Gelatin, Glycerin.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web www.NaturesBounty.com

Carefully Manufactured by
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