

Prod. No. 640



B640

03A

NATURE'S BOUNTY

**VITAMIN
B-2
(Riboflavin)
100 mg**

DIETARY
SUPPLEMENT

100 TABLETS



The colorful history of riboflavin began in the 1930's when nutritionists began searching for growth promoting factors in food. At about the same time, biochemists were trying to unravel the secrets of metabolism. The research of both the nutritionists and the biochemists revealed the same unidentified yellow substance. This compound was later shown to be the primary growth promoting factor in food and a component of an enzyme essential for energy production. This substance was riboflavin, a B vitamin that aids in the metabolism of carbohydrates, proteins, and fats to produce vital energy for the body. Riboflavin also helps to support normal vision and skin health.*

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Riboflavin (Vitamin B-2) 100 mg	5,882%

OTHER INGREDIENTS: Dicalcium Phosphate, Cellulose (Plant Origin), Vegetable Stearic Acid, Cellulose Coating, Guar Gum, Croscarmellose, Silica.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

 Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web www.NaturesBounty.com

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