

Prod. No. 1160



NATURE'S BOUNTY®

VITAMIN B-6 50 mg

DIETARY
SUPPLEMENT

100 TABLETS



B1160 03A

There is no question about it. A good diet contributes to disease prevention. But sometimes stress, fast food nutrition and eating on the run can have nutritional consequences. One way to ensure that you are getting your Daily Values for B-Vitamins is to take dietary supplements. Vitamin B-6 plays a role in protein and energy metabolism and assists in the metabolism of homocysteine, an amino acid.* Vitamin B-6 is just one in our extensive line of quality nutritional supplements designed for when you need additional nutritional support.

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2,500%

OTHER INGREDIENTS: Dicalcium Phosphate, Cellulose (Plant Origin), Vegetable Stearic Acid, Cellulose Coating, Croscarmellose, Vegetable Magnesium Stearate, Silica.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF THE REACH OF CHILDREN.** Store in a cool, dry place

N Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

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