

Prod. No. 1370



NATURE'S BOUNTY

VITAMIN B-12

500 mcg

Ener-B®*

Promotes Energy Metabolism**

DIETARY SUPPLEMENT

100 TABLETS



When choosing a B-12 supplement, look for the exclusive Ener-B® name. It's your guarantee that the B-12 in the product is disintegration tested, for maximum absorption potential.

The B vitamins play a role in energy metabolism in the body.** Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.**

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value
Ener-B®*	500 mcg 8,333%
Vitamin B-12 (as Cyanocobalamin)	

OTHER INGREDIENTS: Dicalcium Phosphate, Cellulose (Plant Origin), Mannitol, Vegetable Stearic Acid, Cellulose Coating, Vegetable Magnesium Stearate, Silica.

Vegetarian Formula

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon. - Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

Carefully Manufactured by
NATURE'S BOUNTY, INC.

Bohemia, NY 11716 U.S.A.
©Nature's Bounty, Inc., 2002



B1370 04A