

Prod. No. 1471



# SUBLINGUAL VITAMIN B-12 5000 mcg

Promotes  
Energy Metabolism\*\*

DIETARY  
SUPPLEMENT  
30 TABLETS



B1471 05A

The B vitamins play a role in energy metabolism in the body.\*\* Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.\*\*

**DIRECTIONS:** For adults, take one (1) tablet daily. Place tablet under tongue for 30 seconds before swallowing.

**TAMPER RESISTANT:** Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving Size 1 tablet

### Amount Per Serving %Daily Value

Vitamin B-12 5,000 mcg 83,333%  
(as Cyanocobalamin)

Coenzyme B-12 100 mcg \*  
(as Dibenzoyl)

\*Daily Value not established.

**OTHER INGREDIENTS:** Sorbitol, Glycine, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Silica.

Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon.- Fri. 9 AM - 7 PM ET

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