

Prod. No. 2050



**NATURE'S BOUNTY**

**TIME RELEASE**

**VITAMIN**

**B-12**

**1500 mcg**

**Ener-B®**

DIETARY  
SUPPLEMENT

**100 TABLETS**



"When choosing a B-12 supplement, look for the exclusive Ener-B® name. It's your guarantee that the B-12 in the product is disintegration tested, for maximum absorption potential. The B vitamins play a role in energy metabolism in the body.\*\* Vitamin B-12 is essential for normal formation of blood cells and contributes to the health of the nervous system.\*\*"

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.

**VEGETARIAN FORMULA**

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Supplement Facts**

Serving Size 1 tablet

Amount Per Serving	%Daily Value
Ener-B®*	1,500 mcg 25,000%
Vitamin B-12 (as Cyanocobalamin)	

**OTHER INGREDIENTS:** Dicalcium Phosphate, Cellulose (Plant Origin), Vegetable Stearic Acid, Cellulose Coating, Vegetable Magnesium Stearate, Silica.

**Nutrition Questions or Comments?**  
Call NutraPhone® 1-800-433-2990  
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web  
[www.NaturesBounty.com](http://www.NaturesBounty.com)

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**NATURE'S BOUNTY, INC.**

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