

Prod. No. 2120



NATURE'S BOUNTY®

SELENIUM

50 mcg

**Helps Support
The Immune
System***

DIETARY
SUPPLEMENT

100 TABLETS



Selenium is an essential trace mineral that plays many important roles in the body:

- As a component of the antioxidant enzyme, glutathione peroxidase, Selenium helps to protect cells from the harmful effects of free radicals.*
- Selenium spares Vitamin E, which in turn boosts the cell's antioxidant defense system.*
- Selenium plays a role in the structure of the teeth.*
- Selenium helps support the immune system.*

DIRECTIONS: For adults, take one (1) tablet four times daily, preferably with a meal.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value	
Selenium (as Selenium Yeast)	50 mcg	71%

OTHER INGREDIENTS: Cellulose (Plant Origin), Dicalcium Phosphate, Calcium Sulfate, Brewer's Yeast, Vegetable Stearic Acid, Silica.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web
www.NaturesBounty.com

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