



# B-COMPLEX SUBLINGUAL LIQUID

GREAT TASTING  
FAST ACTING  
ALCOHOL FREE  
EASY TO TAKE LIQUID  
WITH A BURST OF B-12

**PROMOTES ENERGY METABOLISM\***

DIETARY SUPPLEMENT  
60 DOSES  
2.0 FL. OZ. (60 mL)

## Supplement Facts

Serving Size 1 dropperful (1 mL)

Amount Per Serving		%Daily Value
Riboflavin (Vitamin B-2) (as Riboflavin 5-Phosphate Sodium)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Vitamin B-12 (as Cyanocobalamin)	1,200 mcg	20,000%
Pantothenic Acid (as Dexpantenol)	30 mg	300%

**Other Ingredients:** Purified Water, Sorbitol, Glycerin, Citric Acid, Potassium Sorbate (Preservative), Natural Mixed Berry Flavor.

Pregnant or lactating women and persons under the age of 18 should consult a doctor before using any product.

Contains no alcohol.

Refrigeration is not required.

**GUARANTEED FREE OF:** yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, soy, artificial color.

This liquid provides an excellent source of B-Complex vitamins to help safeguard a sufficient daily intake. The B-Complex is essential for the maintenance of healthy nervous tissue.\* The B Vitamins play a role in energy metabolism in the body.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Directions:** SHAKE WELL before use. For adults place one full dropper (1 mL) under the tongue and hold there for 30 seconds before swallowing.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE. TAMPER RESISTANT: DO NOT USE IF OUTER SEAL IS BROKEN.**



Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon.-Fri. 9 AM - 7 PM ET

Carefully Manufactured by  
NATURE'S BOUNTY, INC.  
Bohemia, New York 11716 U.S.A.  
©Nature's Bounty, Inc. 2003