

Prod. No.  
4290



B4290

04A



# CHELATED CALCIUM MAGNESIUM ZINC USP

**Supports  
Bone Health\***

CALCIUM,  
MAGNESIUM,  
ZINC SUPPLEMENT

**100 TABLETS**

Bone health can be dependent on many factors including heredity, diet, exercise and lifestyle. Calcium is the primary mineral responsible for strong bones. The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.\* Because the body can't produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium can play a role in maintaining optimal bone health.\*

Calcium and Magnesium play essential roles in maintaining proper bone mineralization. Calcium and Magnesium are also involved in muscle contractions and nerve impulses. Zinc is essential for cell division and growth.\*

**DIRECTIONS:** For adults, take one (1) to three (3) tablets daily, preferably with a meal.

**DISSOLUTION TESTED:** The Calcium in this product dissolves within 60 minutes per official U.S.P. standards.

**Vegetarian Formula**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving Size 3 tablets  
Servings Per Container 33

Amount Per Serving	%Daily Value
Calcium (as Calcium Carbonate and Calcium Gluconate)	1,000 mg 100%
Magnesium (as Magnesium Oxide and Magnesium Gluconate)	400 mg 100%
Zinc (as Zinc Gluconate and Zinc Citrate)	25 mg 167%

**OTHER INGREDIENTS:** Cellulose (Plant Origin), Croscarmellose, Titanium Dioxide Color, Cellulose Coating, Vegetable Magnesium Stearate.

**TAMPER RESISTANT:** Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

 Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web  
[www.NaturesBounty.com](http://www.NaturesBounty.com)

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A.  
©Nature's Bounty, Inc., 2001

