

Prod. No.
5830



B5830

02B

NATURE'S BOUNTY

MAGNESIUM

250 mg

DIETARY
SUPPLEMENT

100 TABLETS



Supplement Facts

Serving Size 1 tablet

Amount Per Serving		%Daily Value
Magnesium	250 mg	63%
(as Magnesium Oxide)		

OTHER INGREDIENTS: Cellulose (Plant Origin), Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silica.

GUARANTEED FREE OF: yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

Magnesium plays an essential role in maintaining proper bone mineralization. Magnesium is also involved in muscle contractions and nerve impulses.*

DIRECTIONS: For adults, take one (1) tablet daily, preferably with a meal.

TAMPER RESISTANT: Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Questions or Comments?
Call NutraPhone® 1-800-433-2990
Mon.- Fri. 9 AM - 7 PM ET

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