

Prod. No.  
7670



**NATURE'S BOUNTY**

# CAL/MAG CITRATE

CALCIUM  
MAGNESIUM  
SUPPLEMENT

100 TABLETS



B7670

00A

Bone health can be dependent on many factors including heredity, diet, exercise and lifestyle. Calcium is the primary mineral responsible for strong bones. The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.\* Because the body can't produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining optimal bone health.\*

Calcium and Magnesium play essential roles in maintaining proper bone mineralization. Calcium and Magnesium are also involved in muscle contractions and nerve impulses.\*

**DIRECTIONS:** For adults, take four (4) tablets daily, preferably with a meal.

**GUARANTEED FREE OF:** yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium (less than 5 mg per serving).

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Serving Size 4 tablets  
Servings Per Container 25

Amount Per Serving	%Daily Value
Calcium (as Calcium Carbonate, Calcium Citrate, and Calcium Aspartate)	1,000 mg 100%
Magnesium (as Magnesium Oxide and Magnesium Citrate)	500 mg 125%

**OTHER INGREDIENTS:** Cellulose (Plant Origin), Croscarmellose, Cellulose Coating, Vegetable Magnesium Stearate.

**TAMPER RESISTANT:** Do not use if imprinted seal under cap is broken. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

Nutrition Questions or Comments?  
Call NutraPhone® 1-800-433-2990  
Mon.- Fri. 9 AM - 7 PM ET

Visit us on the Web  
[www.NaturesBounty.com](http://www.NaturesBounty.com)

Carefully Manufactured by  
**NATURE'S BOUNTY, INC.**  
Bohemia, NY 11716 U.S.A.

©Nature's Bounty, Inc., 2001

